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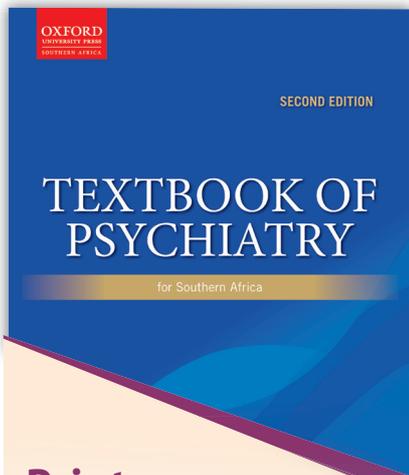
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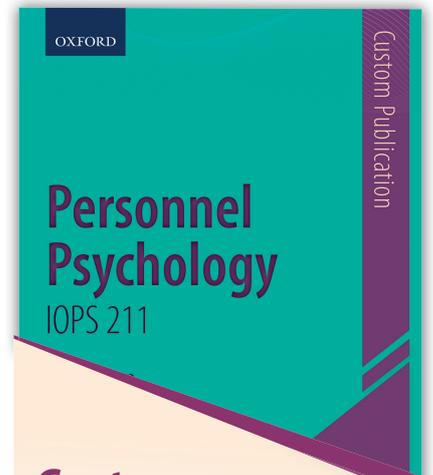


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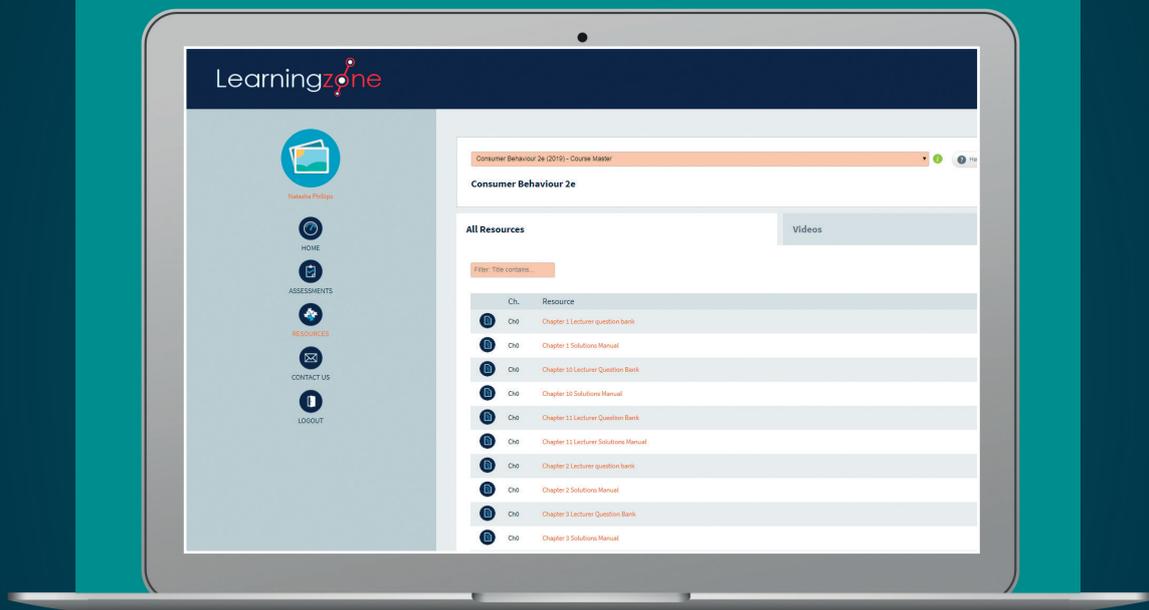
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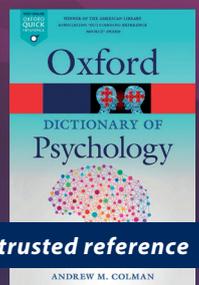
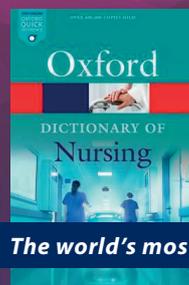
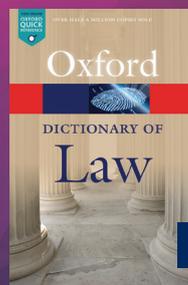
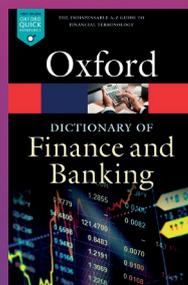
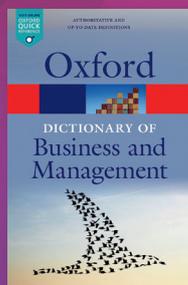


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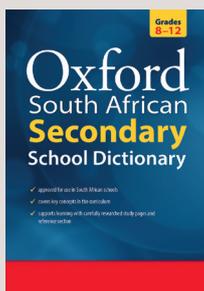


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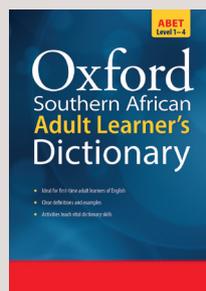
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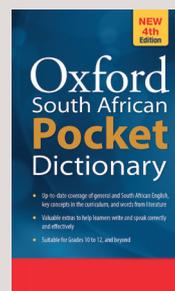
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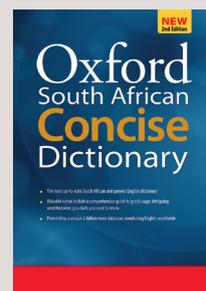
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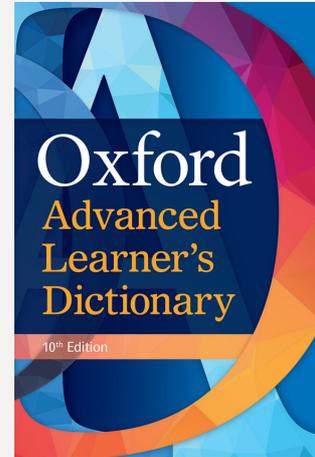


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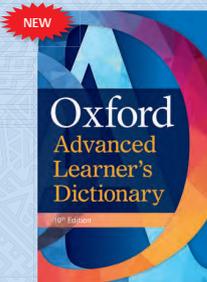
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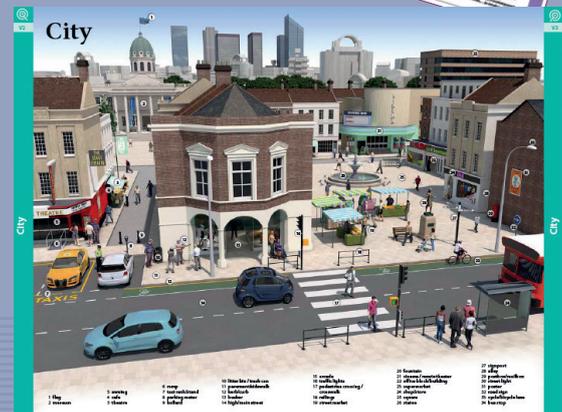
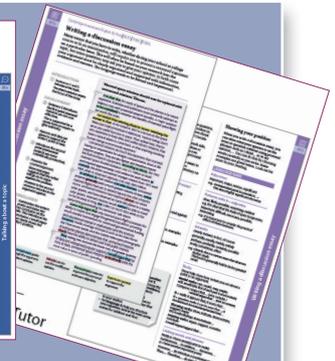
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- 10** Handbook of HIV Medicine 3e

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DERMATOLOGY

Handbook of Dermatology for Primary Care: A Practical Guide to Diagnosis 2e

Authors: N Saxe, S Jessop and G Todd

The second edition of *Handbook of Dermatology for Primary Care: A Practical Guide to Diagnosis* offers an effective approach to diagnosing and treating skin conditions.

It includes:

- More than 270 colour photographs reflecting the diversity of southern Africa's population and health conditions
- An extensively revised section on morphological patterns and a section on the regional distribution of the conditions, so that a diagnosis can be made from either starting point
- An alphabetical section describing the aetiology and clinical features of more than 100 common skin disorders
- A formulary giving more detailed information about a range of treatments
- An expanded section on HIV/Aids-related skin disorders
- Expanded and revised diagnostic tables.

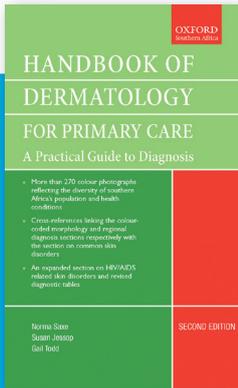
In addition, the new edition is more user-friendly:

- Cross-references link the colour-coded morphology and regional diagnosis sections respectively with the section on common skin disorders
- The 'how to use this book' section has been revised
- Full-colour, labelled photographs are used to demonstrate how lesion morphology and/or body site can be used to reach a diagnosis, which is cross-referenced to the section of common skin disorders for further information.

The book is useful for dermatology components of the MBChB, the BCur and National Diploma in Nursing and is of value to primary care doctors and family practitioners in primary care and outlying clinics.

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Introduction • Section 1 Morphological patterns • Section 2 Regional diagnosis • Section 3 Common skin disorders • Formulary • Index



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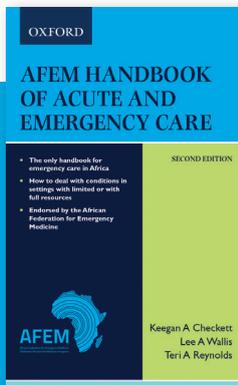
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EMERGENCY CARE

AFEM Handbook of Acute and Emergency Care 2e

Content editors: K Checkett, L Wallis and T Reynolds

AFEM Handbook of Acute Emergency Care 2e provides a field reference for emergency care providers in Africa, which addresses the African regional disease burden and recommends diagnostic and management pathways. The text is designed to be used by all levels of providers for the care of acutely ill or injured patients, and covers the full scope of emergency and acute care. It addresses both out-of-hospital and in-hospital interventions, and provides diagnostic and management strategies for the most common emergency care problems faced by providers in Africa. Uniquely, the text offers care providers management strategies based on available resources: it guides care providers through a rapid systematic and integrated approach to patient stabilisation and resuscitation, stratified to three resource levels: minimal, moderate and full resources.

The primary target market includes emergency medicine practitioners (medical doctors and emergency care technicians). In addition, it is aimed at MBChB students and national diploma students taking modules in emergency medicine or emergency care, and students enrolled in certificate courses in emergency care at provincial colleges.

New to this edition:

- The text is revised to align more closely with the AFEM training curriculum
- The revised text includes new material which addresses additional conditions
- Material relating to the identification of potential interventions in low resource settings, for each condition, is expanded
- Investigation and treatment recommendations are updated in accordance with current guidelines

- The text now includes AFEM's consensus document on out of hospital care-related issues
- Sections relating to rapid assessment protocols (RAPs) reflect a more intuitive approach for bedside use.

Table of contents:

Part 1 Introduction • **Part 2 Approach to the unstable patient** • **Part 3 Approach to key syndromes** • **Part 4 Disorders by system** • A: Cardiovascular system • B: Dental and oral surgery • C: Dermatology • D: Ear, nose and throat • E: Environmental emergencies • F: Gastrointestinal • G: Haematology and oncology • H: Infectious diseases • I: Metabolic and nutritional • J: Neurology • K: Obstetrics and gynaecology • L: Ophthalmology • M: Orthopaedics • N: Psychiatry • O: Renal and urology • P: Respiratory system • Q: Rheumatology • R: Toxicology • S: Trauma • **Part 5 Emergency ultrasound** • **Part 6 Procedures** • **Part 7 Special considerations** • A: Out-of hospital emergency care • B: Disaster medicine • C: Process • D: Palliative and holistic care • **Part 8 Emergency medications** • **Part 9 Appendix**

Lecturer resources

- Should you wish to use this book as part of a broader emergency care educational programme, it is coordinated with the open-access AFEM emergency care curriculum and associated presentation bank

Handbook of Trauma for southern Africa 3e

Content editors: A Nicol and E Steyn

Handbook of Trauma for southern Africa is an invaluable resource for medical staff and students working in trauma centres or emergency rooms. Clearly presented for quick reference, the text offers practical guidelines, supported by drawings and other figures to explain the subject matter.

- Written by trauma experts for all medical professionals involved in treating injured patients
- Quick access with practical guidelines for managing any emergency
- Improved and updated to reflect the latest treatment recommendations
- Covers a broad spectrum of clinical situations, from pre-hospital to the resuscitation room, the operating room and beyond.

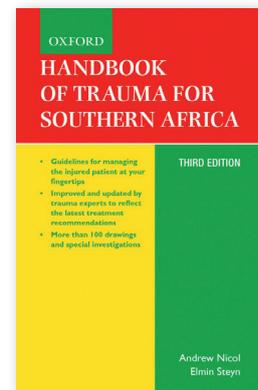
The book is suitable for MBChB students taking courses in trauma and emergency medicine, as well as for students of programmes such as BTech in pre-hospital emergency care, MMed, FCS or MPhil. In addition, doctors, primary health care workers, nurses and emergency medical services personnel will find value in this clear and practical approach to trauma.

New to this edition:

- Updated information reflecting advances in the trauma emergency field, such as the latest guidelines for the management of problematic blunt and penetrating injuries as well as the critical care treatment principles of severely injured patients
- New chapters on HIV in the emergency setting, as well as the latest post-exposure prophylaxis recommendations after sexual assault
- Guidelines for a broad spectrum of clinical situations, ranging from pre-hospital care to the resuscitation room, the operating room and beyond.

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Part 1 Resuscitation and early management • Chapter 1: Prehospital Care and mass casualty management • Chapter 2: Initial Assessment • Chapter 3: Cardiopulmonary resuscitation • Chapter 4: Airway management • Chapter 5: Shock and fluid therapy • Chapter 6: Blood transfusion therapy • Chapter 7: Emergency procedures • Chapter 8: Practical aspects of abdominal exploration in the trauma patient • Chapter 9: Damage control surgery • Chapter 10: Radiology • Chapter 11: Pain management • Chapter 12: Nursing the trauma patient • **Part 2 Regional injuries and management** • Chapter 13: Head injuries • Chapter 14: Spinal Injuries • Chapter 15: Maxillofacial and oral injuries • Chapter 16: Ear and nasal injuries • Chapter 17: The injured eye • Chapter 18: Injury to the structures of the neck • Chapter 19: Cardiac injuries • Chapter 20: Blunt chest injuries • Chapter 21: Penetrating chest injuries • Chapter 22: Abdominal injuries • Chapter 23: Splenic injuries • Chapter 24: Liver trauma • Chapter 25: Pancreatic trauma • Chapter 26: Vascular trauma • Chapter 27: Urinary tract • Chapter 28: Resuscitative management of pelvic fractures • Chapter 29: Crush injury and myoglobinaemia • Chapter 30: Hand injuries • Chapter 31: Fractures and dislocations • Chapter 32: Emergency care of survivors of sexual offences • **Part 3 High-risk patients** • Chapter 33: Trauma in the elderly • Chapter 34: The injured child • Chapter 35: Trauma in pregnancy • Chapter 36: HIV and trauma • **Part 4 Specific mechanisms of injury and their management** • Chapter 37: Burns • Chapter 38: Barotrauma and decompression injury • Chapter 39: Non-accidental trauma • Chapter 40: Gunshot wounds and blast injuries • Chapter 41: Bites and toxic stings • **Part 5 Prevention and management of complications** • Chapter 42: Respiratory failure • Chapter 43: Accidental Hypothermia • Chapter 44: Acute renal dysfunction • Chapter 45: Abdominal compartment syndrome • Chapter 46: Antibiotic use in trauma • Chapter 47: Nutritional support in trauma • Chapter 48: Psychological trauma • **Part 6 Trauma-related issues** • Chapter 49: Scoring systems in trauma • Chapter 50: Medico legal aspects of trauma • Chapter 51: Brain death and organ donation



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EPIDEMIOLOGY AND IMMUNOLOGY

Epidemiology: A Research Manual for South Africa 4e

Content editors: G Joubert and L Myer

Epidemiology: A Research Manual for South Africa offers an applied introduction to epidemiological research methods, for students of various health science disciplines who are required to conduct or reference epidemiological research. Directed at readers who are new to epidemiological theory and practice, the text explains fundamental concepts and methods in a manner that is clear and accessible. The text offers a step-by-step guide to the development of a research protocol and the application of epidemiological methods, and addresses specific content areas and methodologies that are important in contemporary epidemiological research. Examples focus on the South African setting, highlighting regional conditions, diseases and health services.

New to this edition:

- The fourth edition is comprehensively revised to reflect current knowledge and practice, and offers many new, local examples.
- The text reflects greater emphasis on the use of routinely available health data for research purposes
- The fourth edition includes a new chapter on Perinatal epidemiology
- The text presents an expanded focus on community participation, and on injury and violence.

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Section A Introducing research and epidemiology • Chapter 1: Why do epidemiologic research? A South African perspective • Chapter 2: Key concepts in epidemiology • Chapter 3: Research ethics, human rights and community participation • **Section B Epidemiological research methods and protocol development** • Chapter 4: Planning a research project • Chapter 5: Setting objectives for research • Chapter 6: Literature review • Chapter 7: Study design • Chapter 8: Population and sampling • Chapter 9: Data collection and measurement • **Section C Analysis and presentation** • Chapter 10: Exploring, summarising and presenting data • Chapter 11: Analysing and interpreting epidemiological data • Chapter 12: Precision and validity in epidemiological studies • Chapter 13: Writing a research report • **Section D Applications of epidemiology** • Chapter 14: Routine health information systems and disease surveillance • Chapter 15: Burden of disease and mortality studies • Chapter 16: Social epidemiology • Chapter 17: Infectious disease epidemiology • Chapter 18: Outbreak investigation • Chapter 19: Noncommunicable disease epidemiology • Chapter 20: Environmental epidemiology • Chapter 21: Occupational epidemiology • Chapter 22: Measuring disability • Chapter 23: Mental health epidemiology • Chapter 24: Nutritional epidemiology • Chapter 25: Clinical epidemiology • **Section E Adjuncts to epidemiologic research** • Chapter 26: Health systems research • Chapter 27: Qualitative research methodology: an introduction • Appendix I: Standardisation • Appendix II: Random number table • Appendix III: Sample size determination

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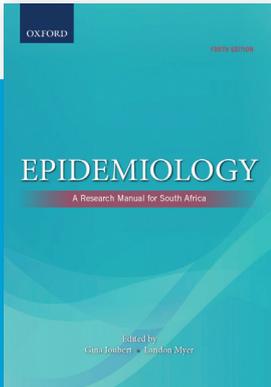
Editors: D Wilson, LG Bekker, M Cotton, T Meyers, F Venter and G Maartens

Handbook of HIV Medicine 3e provides a concise guide to all aspects of HIV management in the context of sub-Saharan Africa. It covers a broad spectrum of topics from diagnostic and management approaches to the common manifestations of HIV in both adults and children. The handbook has been written in particular for reference in the hospital ward or clinic. It provides key information on HIV and on antiretroviral therapy.

As the only handbook of HIV for southern Africa, the *Handbook of HIV Medicine* is an excellent resource for medical students, community service doctors, medical officers, nurses and allied health care workers.

Written by HIV experts from across the country, the new edition includes:

- The latest updates on HIV medicine and drug management
- Updated content on the approach to HIV infection in children
- A discussion of the ethical issues around HIV.



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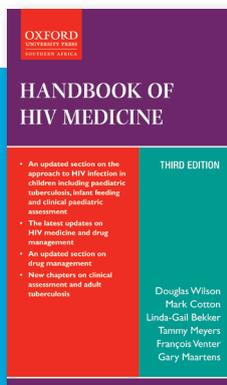
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GENERAL MEDICINE

Handbook of Family Medicine 4e

Content editor: B Mash

The book addresses seven important roles in the district health system in SA, namely care-provider, consultant, mentor and clinical teacher, supervisor, manager and community-oriented practitioner.

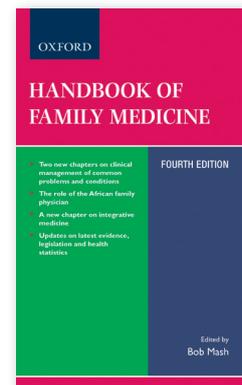
Handbook of Family Medicine 4e is aimed at undergraduate medical students and registrars doing postgraduate training in family medicine. It will also be useful to community service doctors, medical officers, nurses and allied health care workers.

New to this edition:

- Approaches to a wider range of symptoms and conditions seen
- New ways of understanding the consultation and patient-centred communication
- Core dimensions of effective primary care systems
- The role of the family physician in leadership and clinical governance activities
- New models and ideas for community orientated primary care
- How to develop the primary care team through education and learning together.

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Chapter 1: A different context of care • Chapter 2: The consultation • Chapter 3: Family-orientated primary care • Chapter 4: Core dimensions of primary care • Chapter 5: An approach to common symptoms • Chapter 6: Managing common conditions • Chapter 7: Community orientated primary care • Chapter 8: Leadership and clinical governance • Chapter 9: Developing the primary care team • Chapter 10: Family medicine ethics • Chapter 11: Evidence based family medicine



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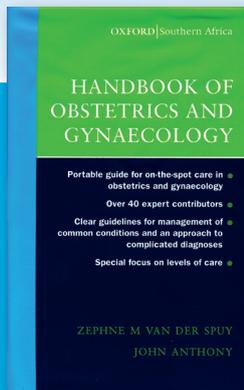
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OBSTETRICS AND GYNAECOLOGY

Handbook of Obstetrics and Gynaecology

Authors: Z van der Spuy and J Anthony

The demands on doctors and nurses in South Africa and other developing countries are completely different to those in the first world, where most OBGYN books are produced. Complex issues around abortion and HIV/Aids contribute to the magnitude and complexity of the field.

This invaluable handbook is ideal for doctors and senior nurses and indispensable for students and interns working in the discipline of Obstetrics and Gynaecology.

“This handbook fulfils its main objective in providing a concise and comprehensive account of the body of knowledge comprising obstetrics and gynaecology. It is authoritative and remarkably well-balanced for a multi-author book. The text is well written and easy to read and its compilation a major achievement.”

DA Davey, Emeritus Professor of Obstetrics and Gynaecology, University of Cape Town

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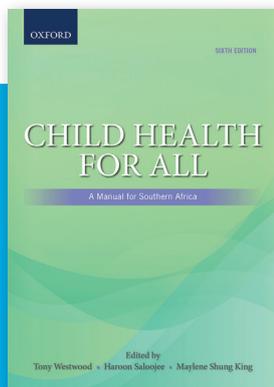
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PAEDIATRICS

Child Health for All: A manual for southern Africa 6e

Editors: A Westwood, H Saloojee, M Shung King

Child Health for All offers a comprehensive, up-to date and accessible introduction to population child health for undergraduate and postgraduate students of various health science disciplines. The text addresses a broad scope of content, including environmental- policy and law-, health system-, clinical-, family-, and community aspects of public health, and offers effective strategies for the promotion, protection and improvement of children's health. Engaging with current global plans and strategies, such as the Sustainable Development Goals and the Survive, Thrive and Transform strategy, the text discusses strategies for the promotive, preventive and service delivery aspects of healthcare. The work addresses the multiple dimensions and determinants of health, covering all stages of the child's life course from pre-conception to late adolescence, and considers responses to the health needs of children by the health and associated social sectors. Presenting a critical

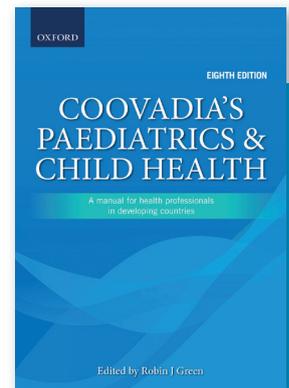
appraisal of issues and challenges common to many low- and middle-income contexts, and drawing in detail on South African conditions and influences, policy and regulatory frameworks, health services infrastructure and health system considerations, the text has wide application to the realities of the southern African and similar regions.

New to this edition:

- The text discusses child health aspects of the Sustainable Development Goals and other global trends in health.
- The fourth edition offers updated population health perspectives on priority conditions such as malnutrition, diarrhoea, childhood injuries, behaviour problems and allergic conditions, as well as current data relating to the state of children's health in South Africa.
- The text includes revised discussion of critical aspects of health promotion and prevention in childhood, such as immunisation, nutrition and early childhood development.
- The revised fourth edition offers perspectives on all aspects of health systems (e.g. drugs and medical supplies, financing, leadership and governance), and includes discussion of an expanded array of health services topics including emergency care, private health and surgical services for children.

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Coovadia's Paediatrics & Child Health: A manual for health professionals in developing countries 8e

Content editor: R Green

Coovadia's Paediatrics and Child Health a renowned and comprehensive guide to the clinical diagnosis, treatment and management of specific child health conditions and diseases. With an emphasis on primary care, and addressing both theoretical- and applied aspects, the text adopts a problem-based approach that supports the holistic management of children's health. Presenting a strong focus on the regional context, the text offers extensive discussion of localized issues, conditions and influences, and of the challenges and diseases that are particular to the southern African region. Supporting effective learning and diagnosis, the eighth edition now includes a colour photographs and images that illustrate clinical conditions, where appropriate.

Coovadia's Paediatrics and Child Health serves as a core text for undergraduate courses in paediatrics, in programmes of medical science, as well as a valued reference for paediatric interns and community service doctors, primary care doctors, paediatric registrars, paediatricians, and regional and international child health advocates and agencies.

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New to this edition:

- A full review of scientific information by subject specialists, ensuring that clinical and therapeutic strategies are current and evidence-based.
- Responding to the COVID-19 pandemic, the eighth edition includes information and discussion related to this disease, which might guide future disease outbreak responses.
- The feature 'Practice Points' highlights important points of management strategies to simplify critical clinical decision-making.
- All chapters are revised to ensure a clear perspective on relevance and frequency of childhood conditions.
- Updated lists of references for further reading.
- New contributors to the eighth edition bring a uniquely African perspective to this work.

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Part 1 Evaluation, growth and development • Chapter 1: History-taking, examination and problem-based evaluation of the sick child • Chapter 2: Growth and development • Chapter 3: Medical genetics and birth defects • Chapter 4: Child health and community paediatrics • **Part 2 Psychological and community paediatrics** • Chapter 5: Social paediatrics • Chapter 6: Abnormal child development: Behavioural, cognitive, emotional and educational aspects • **Part 3 Neonatal paediatrics** • Chapter 7: Care of the newborn • Chapter 8: Surgical newborn • Chapter 9: Feeding and nutrition of babies and children • **Part 4 Metabolic and nutritional disorders** • Chapter 10: Metabolic disorders • Chapter 11: Poisoning • Chapter 12: Rickets and metabolic bone disease • Chapter 13: Nutritional disorders • **Part 5 Infections** • Chapter 14: Principles of infection • Chapter 15: Childhood vaccines • Chapter 16: Systemic infections • Chapter 17: Parasitic and fungal infections • Chapter 18: Tuberculosis • **Part 6 Disorders of regulation and immune control** • Chapter 19: HIV infection • Chapter 20: Endocrine disorders • Chapter 21: Allergic disorders • Chapter 22: Immune and connective tissue disorders • **Part 7 System-based disorders** • Chapter 23: Connective tissue disorders • Chapter 24: Neoplastic diseases • Chapter 25: Diseases of the blood • Chapter 26: Gastrointestinal diseases • Chapter 27: Respiratory diseases • Chapter 28: Neurological and muscular disorders • Chapter 29: Renal and urinary tract disorders • Chapter 30: Cardiovascular disorders • Chapter 31: Hepatic disorders • **Part 8 Speciality disorders** • Chapter 32: Paediatric surgical disorders • Chapter 33: Orthopaedic disorders • Chapter 34: Dermatological disorders • Chapter 35: Disorders of the eye • Chapter 36: Ear, nose and throat disorders • Chapter 37: Oral and dental disorders • **Part 9 Procedures** • Chapter 38: Procedures • **Part 10 Ethics** • Chapter 39: Ethical issues in paediatrics 384

Handbook of Paediatrics 7e

Content editor: C Motala

Authors: A Davidson, A Figaji and M Levin

The *Handbook of Paediatrics* represents the knowledge, skill and experience of more than forty experts in paediatrics and child health, making it the definitive reference book for southern Africa.

The book is suitable for final-year MBChB students taking courses in paediatrics and doctors in general and paediatric settings. It is a practical book aimed at diagnosis and treatment of problems and diseases.

The seventh edition has been streamlined and restructured. The approaches to problems are based on best practice and evidence based guidelines such as World Health Organisation (WHO) and Essential Drug List (EDL). Recommendations are graded according to the quality of the evidence and strength of the recommendation.

In addition, the seventh edition of the *Handbook of Paediatrics* features:

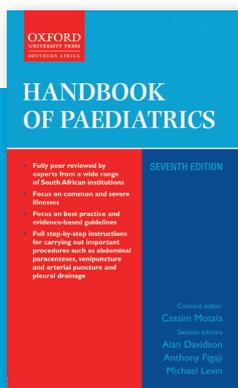
- Critical information on the management of HIV/ TB co-infection, palliative care and pain management
- Expanded and updated chapters on neurological and neuromuscular problems, renal problems and electrolytes, fluids and acid-base disturbances
- A revised chapter on emergencies that includes medical management, trauma and poisoning.

“The book ... would be most useful to doctors of almost any experience working in primary and secondary care settings as well as emergency care.”

Assoc Prof T Westwood, Red Cross War Memorial Children's Hospital

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Paediatric Primary Health Care 4e

Authors: J Ireland, D Power, D Woods and F Desai

This health sciences handbook provides information for medical students, nurses, doctors, and primary health care workers on basic paediatric and childhood conditions and gives practical advice on how to manage them. The South African Government's focus on the provision of primary health care makes this text particularly valuable as it deals with the paediatric issues related to primary health. Due to a shortage of doctors, nursing staff are expected to provide necessary services. This book equips nurses and doctors with the skills to deal with the required procedures. It is also suitable for Nursing students taking courses in Child Nursing.

The handbook has now been updated to include the Expanded Programme on Immunisation (EPI-SA) and the latest information on HIV management.

“*[Paediatric primary health care] is systems-related – it is easy to correlate what is taught with what is in the book. It is a South African book, and easy to read.*”

Mrs S Rossouw, lecturer, University of Pretoria: Department of Nursing Science

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PSYCHOLOGY AND PSYCHIATRY

Diagnostic and Statistical Manual of Mental Disorders 5e

American Psychiatric Association

This new edition of the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5™), used by clinicians and researchers to diagnose and classify mental disorders, is the product of more than 10-plus years of effort by hundreds of international experts in all aspects of mental health. Their dedication and hard work have yielded an authoritative volume that defines and classifies mental disorders in order to improve diagnoses, treatment, and research. This manual, which creates a common language for clinicians involved in the diagnosis of mental disorders, includes concise and specific criteria intended to facilitate an objective assessment of symptom presentations in a variety of clinical settings – inpatient, outpatient, Partial hospital, consultation-liaison, clinical, private practice, and primary care.

The *Diagnostic and Statistical Manual of Mental Disorders*, fifth edition, is the most comprehensive, current, and critical resource for clinical practice available to today's mental health clinicians and researchers of all orientations. The information contained in the manual is also valuable to other physicians and health professionals, including psychologists, counselors, nurses, and occupational and rehabilitation therapists, as well as social workers and forensic and legal specialists. DSM-5™ is the most definitive resource for the diagnosis and classification of mental disorders.

Clinical psychiatrists in a variety of settings, physicians and health professionals including psychologists, counselors, nurses, and occupational and rehabilitation therapists, and social workers and forensic and legal specialists.

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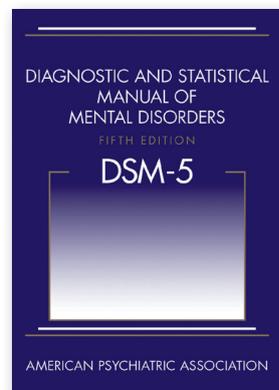
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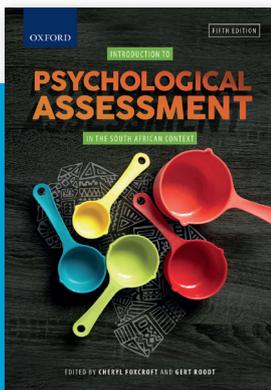
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Introduction to Psychological Assessment in the South African Context 5e

Content editors: C Foxcroft and G Roodt

Authors: F Abrahams, M de Beer, G de Bruin, K de Bruin, F De Kock, C Henn, L Griessel, K Grieve, L Stroud, N Taylor, N Tredoux, and R van Eeden

Introduction to Psychological Assessment in the South African Context 5e is an introductory text on measuring and assessing human behaviour within a complex multicultural environment. It offers a practical guide to the development of culturally appropriate measures and the application of assessment measures, as well as the interpretation and reporting of results. The book provides advice with regard to assessing young children and disabled individuals and also discusses the various contexts in which psychological measures are used, including education, counselling, the psycho-legal domain, and research. The book features critical-thinking exercises that present students with typical assessment scenarios to develop their reasoning skills. Real-life South African examples and case studies illustrate the theory, and allow students to apply psychological assessment principles in practice.

The new edition includes African definitions of psychology in Chapter 1 and expands on the use of African examples in case studies, as well as bringing in modern test theory and research on adaptive tests. The text and case studies have been carefully updated to ensure that the content remains meaningful for students' contexts.

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Lecturer resources

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- Self-marking assessments per chapter
- Ethical dilemma quizzes



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Psychology: An Introduction 5e

Content editors: L Swartz, C de la Rey, N Duncan, L Townsend, V O'Neill, M Makhubela

Psychology: An Introduction 5e is a comprehensive psychology textbook aimed at first-year students, covering all core areas of the undergraduate syllabus. It provides a South African context to the study of Psychology, helping students make connections between psychological concepts and the reality of their own lives. The fifth edition engages more reflectively on the discipline, ensuring that Africa and South Africa remain the point of departure and African perspectives are valorised. This contributes to the development of a more inclusive discipline, a Psychology for African contexts.

Interest is engaged through narrative introductions, research findings and relevant case studies, giving students the tools to develop their own ideas and to engage critically with the content.

Psychology: An Introduction provides an excellent foundation for students pursuing careers in diverse fields, such as health, education, business, and social development.

New to this edition:

- A greater focus on developing a decolonial and African-centred Psychology discipline; thus supporting universities with the transformation of curricula.
- More South African research from South African and African and international journals.
- More South African content, especially in the introductory chapters regarding the history of psychology in South Africa and an African worldview.
- References and referenced content updated to reflect latest research in Psychology.
- Addition of video exercises to the lecturer and student resources.

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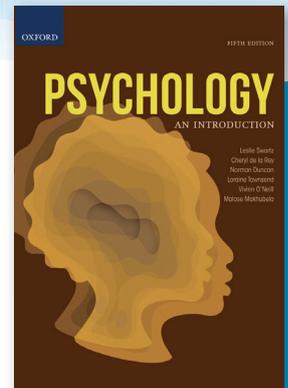
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- PowerPoint slides
- Lecturer test bank comprising short and long answer questions.

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Student resources

- Interactive self-assessment questions, of which there are between 80 and 90 questions per chapter.
- Online video exercises related to key topics in the book
- Xhosa translation of the Glossary



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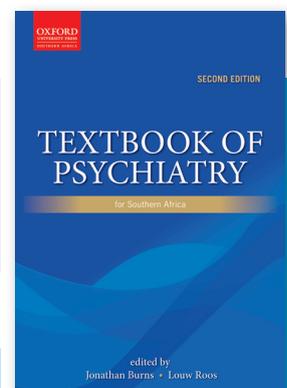
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Textbook of Psychiatry for southern Africa 2e

Content editors: J Burns and L Roos

The completely revised and updated *Textbook of Psychiatry for southern Africa 2e* is a comprehensive but accessible resource covering all aspects of psychiatry and mental health in southern Africa. The textbook represents the collaboration of sixty-three experts in their fields from ten academic institutions as well as the private sector in South Africa, from disciplines including psychiatry, psychology, radiology and pharmacology.

Substantially restructured and expanded (with the addition of ten new chapters) and updated to reflect the current Mental Health Care Act (2002) as well as DSM-5 psychiatric classification, the Textbook is a resource that will be indispensable for a wide range of students and professionals working within and outside of the mental health field in southern Africa.

New to this edition:

- Comprehensive information on the biological, psychosocial and cultural aspects of all psychiatric disorders
- Clear, detailed management for all psychiatric conditions and presentations, that is holistic, relevant to the southern African context, and is based on the best current evidence from both research and clinical practice

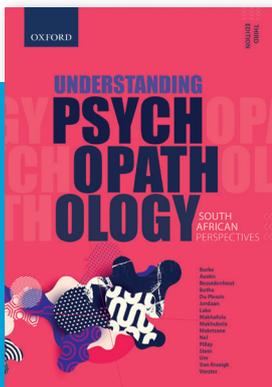
- Sections focused on psychiatric classification and clinical assessment, as well as issues of particular importance such as women's mental health, neuropsychiatry, HIV and mental health, addictions, culture and psychiatry, public mental health, and stigma
- Inclusion of non-core additional information in 'advanced reading blocks' for the specialist-level reader; as well as numerous case studies to illustrate common real-life patient presentations of various disorders
- An exhaustive Glossary of over 400 terms used in psychiatry and mental health, including local terms common to the southern African context
- Updated with the latest DSM-V, frequent case studies, that illustrate the complexity of disorders as well as practical understanding of mental health care.

The textbook is designed for a range of students and health professionals in the fields of psychiatry and mental health studying and working within Southern Africa, including:

- Medical students
- Registrars in psychiatry
- Undergraduate and postgraduate students in other mental health disciplines including Nursing, Psychology, Occupational Therapy, Social Work, Pharmacy, Family Medicine and Public Health
- Clinicians from all these disciplines working in both public and private settings including: psychiatrists, psychologists, OTs, social workers, nurses, medical officers, community service doctors, interns, GPs, specialists in related fields (such as neurology, medicine, maternal and child health, etc) and health systems managers/administrators.

Table of Contents

Part 1 Conceptualising psychiatric disorders • Chapter 1: History of Psychiatry • Chapter 2: Classification in Psychiatry • **Part 2 Causes of psychiatric disorders** • Chapter 3: Psychiatric Epidemiology and Genetics • Chapter 4: The Neurobiology of Psychiatric Disorders • Chapter 5: Psychosocial Determinants of Mental Disorders • Chapter 6: Culture and Psychiatry • **Part 3 Assessment of psychiatric disorders** • Chapter 7: Clinical Assessment in Psychiatry • Chapter 8: Person-Centred Psychiatry • Chapter 9: Investigating Psychiatric Disorders • **Part 4 Psychiatric disorders** • Chapter 10: Cognitive Disorders • Chapter 11: Schizophrenia spectrum & Other Psychotic Disorders • Chapter 12: Depressive Disorders • Chapter 13: Bipolar Disorders • Chapter 14: Anxiety, Fear and Panic • Chapter 15: Acute Reactions to Adverse Life Events • Chapter 16: Trauma • Chapter 17: Obsessive-Compulsive and related Disorders • Chapter 18: Somatic symptom and Related Disorders • Chapter 19: Dissociative Disorders • Chapter 20: Addictions 1: Alcohol-Related Disorders • Chapter 21: Addictions 2: Other Substance-Related and Addiction Disorders • Chapter 22: Eating and Sleep Disorders • Chapter 23: Disorders of Sexual Function, Preference and Identity • Chapter 24: Personality Disorders • Chapter 25: Impulse Control Disorders • **Part 5 Special topics in psychiatry** • Chapter 26: Women's Mental Health • Chapter 27: Child & Adolescent Psychiatry 1: Assessment and the young child • Chapter 28: Child & Adolescent Psychiatry 2: The older child and adolescent • Chapter 29: Intellectual Disability • Chapter 30: Psychogeriatrics • Chapter 31: Psychiatry and Medicine • Chapter 32: Neuropsychiatry • Chapter 33: HIV and Mental Health • Chapter 34: Suicide and the aggressive patient • Chapter 35: Legal and Ethical Aspects of Psychiatry • **Part 6 Management of psychiatric disorders** • Chapter 36: Pharmacological and other Treatments in Psychiatry • Chapter 37: Psychological interventions • Chapter 38: Social interventions in psychiatry • Chapter 39: Public mental health • Chapter 40: Combating stigma in psychiatry • Glossary



Understanding Psychopathology: South African Perspectives 3e

Authors: A Burke, T-L Austin, C Bezuidenhout, K Botha, E du Plessis, E Jordaan, M Lake, K Makhafula, M Makhubela, M Moletsane, J Nel, B Pillay, D Stein, G Ure, B von Krosigk and A Vorster

Understanding Psychopathology: South African Perspectives 3e provides a solid introduction to the study of mental disorders that incorporates socio-cultural, psychological and biomedical dimensions. It refers to criteria from both the *Diagnostic and Statistical Manual of Mental Disorders (DSM-5)* and the *International Classification of Diseases (ICD-10)* to describe and define mental disorders. It also looks at the ICD-11, and how this new version has been harmonised with the DSM-5.

The third edition of this book, previously published as *Abnormal Psychology* revised second edition, presents South African debates and data to ensure that it is relevant to the local context. In addition, research from the rest of Africa has been integrated into the book to show how other countries in our region are grappling with topical issues.

This book is aimed at second- and third-year students following courses in Psychopathology or Abnormal Psychology as part of a Bachelor of Arts or Bachelor of Social Sciences degree at Universities. It has been written by academics and practitioners from across South Africa.



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New to this edition:

Changes from the second revised edition include the structuring of the book into Part 1 and Part 2.

The changes to the chapters in Part 1 include:

- the addition of the addition of the 2018 'release' of the ICD-11
- the inclusion of a political lens and a religious lens on mental illness
- engagement with topical issues that have brought about the declassification of certain conditions as mental health disorders.

The changes to the chapters in Part 2 include:

- the inclusion of an engaging personal history caselet at the start of each chapter
- diagrams that show the sub-categories of the DSM-5, ICD-10 and ICD-11, which allow these systems to be examined and compared
- recent South African and African research on particular mental disorders.

Table of Contents

Part 1: The big picture • Chapter 1: Origins and causes of psychopathology • Chapter 2: Describing and classifying abnormal behaviour • Chapter 3: Psychological assessment and psycho-diagnostics • Chapter 4: Abnormal psychology from a mental wellness perspective • Chapter 5: Legal and ethical issues in mental disorders • **Part 2: A closer look** • Chapter 6: Anxiety, obsessive-compulsive, and trauma-related disorders • Chapter 7: Mood disorders • Chapter 8: Schizophrenia spectrum and other psychotic disorders • Chapter 9: Neurocognitive disorders • Chapter 10: Dissociative, somatoform, and related disorders • Chapter 11: Conditions related to sexual health and paraphilic disorders • Chapter 12: Substance-related and addictive disorders • Chapter 13: Eating and feeding disorders • Chapter 14: Personality disorders • Chapter 15: Neurodevelopmental and other childhood disorders

Lecturer resources

- PowerPoint® slides
- Question bank

learningzone.oxford.co.za

Student resources

- Online quizzes arranged per chapter
- Afrikaans translation of the end-of-book glossary

SURGERY

Vascular Surgery

Authors: L Hands, S Ray-Chaudhuri, M Sharp and M Murphy

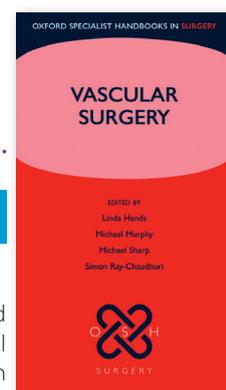
This book is designed to meet the needs of MBChB students following modules in vascular surgery, and provides practical advice on all commonly encountered peripheral vascular problems. It focuses on surgical detail, but also carries background information on presentation and details on preoperative investigation and postoperative management. It gives relevant information for use when seeking patient consent.

Alternative interventions are given, including both radiological procedures and medical management where appropriate; an important approach given the evolving vascular surgery specialist who has responsibility in all of these fields.

It informs the vascular trainee from his/her earliest encounter with the area to the completion of his/her specialist studies. It should also be of interest to the foundation year trainees on the vascular ward, the specialist vascular nurse, the vascular anaesthetist, the intensivist and the vascular radiologist.

Table of Contents

Arterial and venous disease • Arterial history and examination • Venous history and examination • Investigation of arterial and venous disease • Non-operative treatment of arterial and venous infection • Management of complex leg ulcers and infection • Perioperative management of ischaemic heart disease • Anaesthesia for vascular surgery • Managing coagulation and bleeding • Infection prophylaxis and treatment • Graft material in bypass grafting • Techniques of vascular surgery • Aortic surgery • Infrainguinal revascularisation • Lower limb amputation • Vascular surgery of head and arm • Surgical revascularisation of kidneys • Revascularisation of the gut • Extra-anatomic bypass grafts • Vascular trauma • Venous surgery • The future of vascular surgery



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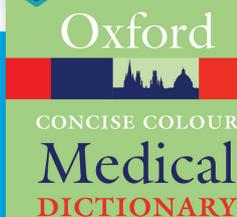
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TWO-COLOUR EDITION



MEDICAL DICTIONARIES

Oxford Concise Colour Medical Dictionary 6e

Author: E Martin

Written by a team of medical experts, this market-leading, two colour, illustrated dictionary contains 12,400 authoritative entries covering all aspects of medical science. The text has been fully revised and updated for this new edition to reflect the very latest in medical knowledge and practice. Entries are accessible and jargon-free and are complemented by over 145 illustrations and diagrams.

This brand new edition includes over 450 new entries and features up-to-date coverage of public health medicine and general practice, drugs and pharmacology, endocrinology (particularly diabetology), and cardiology, amongst other specialist areas. Recommended web links are provided for many entries, accessible and kept up to date via a companion webpage on oxfordreference.com, and appendices have been expanded to include units of alcohol and the calculation of alcohol by volume, and a table of inherited medical conditions.

Selling over 800,000 copies in previous editions, this is an essential A-Z for students and those working in the medical and allied professions, including nurses, pharmacists, physiotherapists, social workers, hospital administrators, and medical secretaries. It is also an invaluable home reference guide for the general reader.



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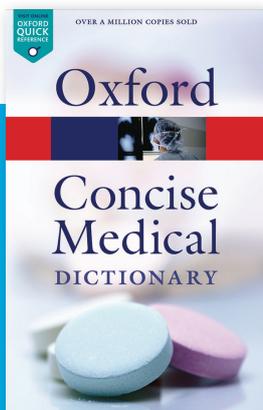
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9780199687992



Oxford Concise Medical Dictionary 9e

Author: E Martin

Written by a team of medical experts, this market-leading illustrated dictionary contains 12,400 authoritative entries covering all aspects of medical science. The text has been fully revised and updated for this new edition to reflect the very latest in medical knowledge and practice. Entries are accessible and jargon-free and are complemented by over 145 illustrations and diagrams.

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Oxford Dictionary of Dentistry

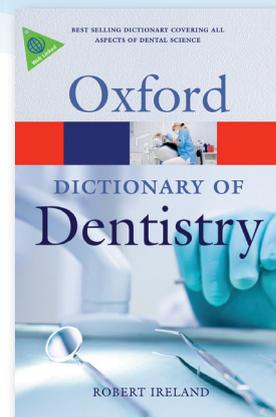
Author: R Ireland

The *Oxford Dictionary of Dentistry* provides over 4,500 definitions covering all the important terms and concepts used in dentistry today. Entries are written in clear and concise English without the use of unnecessary dental or medical jargon, and many entries are supplemented by detailed line drawings.

The dictionary defines terms in a broad range of dental specialist areas including primary care, anatomy and comparative anatomy, physiology, biochemistry, radiography, radiology, orthodontics, periodontology, restorative dentistry, dental public health, paediatric dentistry, oral surgery, embryology, homeopathy, pharmacology, sedation, histology, implantology, ethics, and oral medicine. For completeness, some drugs, techniques, and instruments of historical interest have been included. It also includes a number of biographies of those who are considered to have made a highly significant contribution to dentistry.

The principal muscles, nerves, arteries, veins, foramina, and sinuses of the head and neck together with illustrations are grouped together as appendices. Also included is a further reading list, and a list of common symbols and abbreviations used in both the UK and the USA. A key feature of this book is the Dictionary of Dentistry companion website, which provides quick access to recommended web links for many entries, plus over 100 full-colour illustrations.

An essential guide for dental practitioners and dental students, it is also an invaluable reference source for all members of the dental team, medical practitioners, lawyers involved with members of the dental profession.



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Oxford Dictionary of Nursing 7e

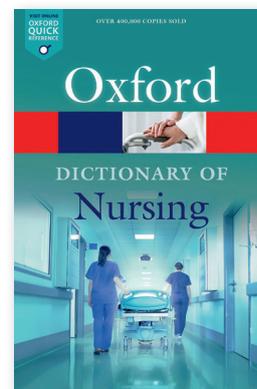
Editor: A Martin

The new edition of this bestselling and trusted dictionary has been fully updated and revised to take account of recent developments in nursing practice and related fields. Updates to this edition cover many areas, with a particular focus on areas such as nutrition, medical research, lymphology, and critical care nursing.

Written by medical and nursing specialists, and offering more than 10,300 clear and concise entries on the theory and practice of nursing, the dictionary provides comprehensive coverage of the ever-expanding vocabulary of the nursing professions. As well as nursing-specific terms, there are also many entries in the fields of medicine, anatomy, physiology, ethics, psychiatry, nutrition, statistics, and pharmacology. Almost 100 helpful illustrations and tables, and 17 appendices covering the Code of Conduct 2015, the calculation of drug dosages, essential skill clusters, religion and nursing practice, recommended alcohol intake, and much more, make this an essential reference tool for all nursing students and professionals.

Table of Contents

Pronunciation guide • Dictionary • Appendices • Biochemical reference values for blood • Biochemical reference values for urine • Biochemical reference values for faeces • Haematological reference values • Body mass index (BMI) • Formulae for calculating drug dosages • Alcohol: ABV and recommended intake • Immunization schedules • Essential skills clusters • Guidelines for resuscitation • The Human Rights Act • Religion and nursing practice • Health care websites • Degrees and diplomas • SI units • Abbreviations • The NMC code of professional conduct: standards for conduct



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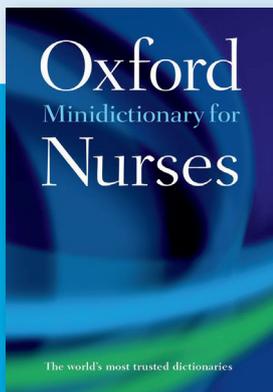
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Oxford Minidictionary for Nurses 8e

Editor: A Martin

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NURSING

NURSING

- 24** Becoming a Nurse: An Evidence-based Approach 2e
- 24** Community Nursing: A South African Manual 5e
- 25** Epidemiology: A Research Manual for South Africa 4e
- 25** Ethics for Health Care 4e
- 26** Primary Health Care in southern Africa: A Comprehensive Approach 4e
- 27** Textbook of Psychiatry for southern Africa 2e

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Becoming a Nurse: An Evidence-based Approach 2e

Authors: M Fedoruk and A Hofmeyer

Becoming a Nurse is a clear and concise introduction to the contexts of the contemporary nursing environment. The second edition takes an evidence-based approach to equip student nurses with the core knowledge and skills necessary for their undergraduate program and clinical placement and to take into their careers. Written with everyday, accessible language and a systematic structure, *Becoming a Nurse* covers key topics in nursing including the Australian healthcare system, communication technologies, leadership and evidence-based practice. Each chapter is rich with features to support student learning and competency development, and has been updated throughout to include the latest references and research in nursing.

The book features:

- Critical reflection sections encourage students to self-reflect, as well as explore and critique ways of thinking and behaving in nursing practice
- Theory to practice sections demonstrate the clinical application of theory and research to practice
- Discussion questions at the end of each chapter help students develop and apply their knowledge of key concepts.

New to this edition:

New chapters:

- Chapter 3: Interprofessional collaboration
- Chapter 4: Cultural diversity in healthcare
- Chapter 6: Research in clinical practice
- Chapter 10: Translating knowledge into practice
- Chapter 13: Health information systems and technologies.

New systematic structure and revised pedagogy for improved clarity and consistency, and references and resources have been updated throughout.

Table of contents

Introduction • Chapter 1: Becoming a Nurse • Chapter 2: Transition from Student Nurse to Registered Nurse • Chapter 3: Interprofessional Collaboration • Chapter 4: Cultural Diversity in Healthcare • Chapter 5: Entering Clinical Settings • Chapter 6: Research in Clinical Practice • Chapter 7: Australia's Healthcare System • Chapter 8: Leadership in Nursing and Healthcare • Chapter 9: Essential Competencies for the Registered Nurse • Chapter 10: Translating Research Knowledge into Practice • Chapter 11: Safety, Quality and the Registered Nurse • Chapter 12: Legal Responsibilities and Ethics • Chapter 13: Health Information Systems and Technologies • Chapter 14: Lifelong learning and the Registered Nurse



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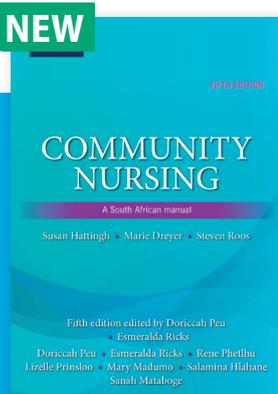


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Community Nursing: A South African Manual 5e

Content editors: D Peu and E Ricks

Authors: S Hattingh, M Dreyer, S Roos, D Peu, E Ricks, R Phetlhu, L Prinsloo, M Madumo, S Hlahane and S Mataboge

Community Nursing is an essential textbook for all students of community health care provision. Written especially for nurses, the book offers an accessible, thorough and up-to-date treatment of the curriculum. It addresses the key social and development issues and trends within sub-Saharan Africa, and presents a balanced and integrated focus on public and primary health care. Designed to bridge the space between theory and practice, the text includes real-life community health-related case studies and a pedagogical structure that effectively supports knowledge development. The fifth edition of the work is supplemented by additional materials that offer valuable teaching and learning resources.

New to this edition:

- The text is thoroughly revised to offer up-to-date discussion of policy, legislation, social and scientific developments, and ethical principles. Applications related to the National Development Plan and United Nations Sustainable Development Plan are discussed in detail. References to immunisation schedules, vaccines and avenues of referral systems are updated.
- Addressing the revised curriculum for community health, the book highlights important public health issues, including leadership and management of health care services, mental health management, nurse-initiated HIV care, reproductive and child health care, and communicable disease management.
- The text addresses the modern health care philosophy, and speaks to context, trends and key issues within the southern African environment.
- The text addresses evidence-based research practice, including mixed qualitative and quantitative research methods.

Table of contents:

Philosophy and development of public and community health in South Africa • Perspectives on national and international health care delivery • The foundations of community health • Primary health care • Health trends • Community assessment • Managing community and primary health services • Development and health problems across the lifespan • Community health practice • Managing chronic health problems

Epidemiology: A Research Manual for South Africa 4e

Content editors: G Joubert and L Myer

Epidemiology: A Research Manual for South Africa offers an applied introduction to epidemiological research methods, for students of various health science disciplines who are required to conduct or reference epidemiological research. Directed at readers who are new to epidemiological theory and practice, the text explains fundamental concepts and methods in a manner that is clear and accessible. The text offers a step-by-step guide to the development of a research protocol and the application of epidemiological methods, and addresses specific content areas and methodologies that are important in contemporary epidemiological research. Examples focus on the South African setting, highlighting regional conditions, diseases and health services.

New to this edition:

- The fourth edition is comprehensively revised to reflect current knowledge and practice, and offers many new, local examples.
- The text reflects greater emphasis on the use of routinely available health data for research purposes
- The fourth edition includes a new chapter on Perinatal epidemiology
- The text presents an expanded focus on community participation, and on injury and violence.

“This is an established and respected text which covers the latest in epidemiology theory with translation to the South African context providing the top resource for teaching epidemiology in South Africa and Africa.”

Prof D Jackson, University of the Western Cape

Table of Contents

Section A Introducing research and epidemiology • Chapter 1: Why do epidemiologic research? A South African perspective • Chapter 2: Key concepts in epidemiology • Chapter 3: Research ethics, human rights and community participation • **Section B Epidemiological research methods and protocol development** • Chapter 4: Planning a research project • Chapter 5: Setting objectives for research • Chapter 6: Literature review • Chapter 7: Study design • Chapter 8: Population and sampling • Chapter 9: Data collection and measurement • **Section C Analysis and presentation** • Chapter 10: Exploring, summarising and presenting data • Chapter 11: Analysing and interpreting epidemiological data • Chapter 12: Precision and validity in epidemiological studies • Chapter 13: Writing a research report • **Section D Applications of epidemiology** • Chapter 14: Routine health information systems and disease surveillance • Chapter 15: Burden of disease and mortality studies • Chapter 16: Social epidemiology • Chapter 17: Infectious disease epidemiology • Chapter 18: Outbreak investigation • Chapter 19: Noncommunicable disease epidemiology • Chapter 20: Environmental epidemiology • Chapter 21: Occupational epidemiology • Chapter 22: Measuring disability • Chapter 23: Mental health epidemiology • Chapter 24: Nutritional epidemiology • Chapter 25: Clinical epidemiology • **Section E Adjuncts to epidemiologic research** • Chapter 26: Health systems research • Chapter 27: Qualitative research methodology: an introduction • Appendix I: Standardisation • Appendix II: Random number table • Appendix III: Sample size determination

Ethics for Health Care 4e

Author: C Berglund

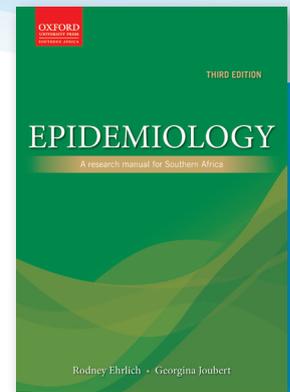
Generally, there are three ways that ethics may be taught to health students: in a stand-alone ethics unit, an ethics and law unit, or integrated across a number of units in a programme.

Ethics can be taught in different ways. It can take a traditional thematic approach, a “phases of life” approach or a treatment consequence approach. Whilst the book continues to follow a treatment sequence approach, the author adopts a “phases of life” approach for chapters 6–9.

The author also provides a thematic guided to the text if courses are covering classic ethics topics in a traditional thematic way.

In this edition:

- Focuses solely on ethics (no coverage of law)
- Considers ethics in the routine context of health care for all health professions
- Includes a number of exercises and examples, which are useful for both lecturers and students which illustrate and focus on the contemporary, everyday nature of ethical decision making



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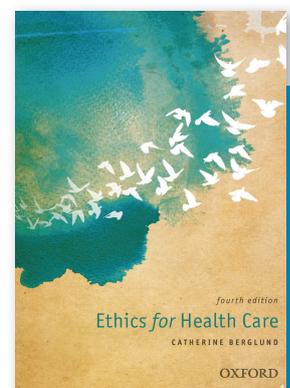
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- Takes students through the process of training to work in the health care, to meeting a patient, and contributing to that person's care
- Takes students through the whole process of training to work in health care, adopting a profession, becoming a team member in a health care setting, beginning to see clients and work with clients as their treatment progresses.

This title is suitable for undergraduate students at second and third year level but can be used as early as 1st year at all medical schools, nursing colleges and health departments.

Table of Contents

Ethics as a Process of Reflection • Caring as professionals • Caring as service provision • Enter the patient • The client and career relationship • At the beginning of life • When the Patient is Young and Developing • Mid-life and healthcare challenges • Declining phases of life and end of life challenges • Caring in an institutional and social context • Monitoring and education • And So to research



Primary Health Care in southern Africa: A Comprehensive Approach 4e

Authors: K Dennill, K Rendall-Mkosi and Teurai Rwafa-Ponela

Primary Health Care in southern Africa: A Comprehensive Approach 4e offers an inclusive, accessible and applied introduction to the fundamental concepts, principles and components of comprehensive Primary Health Care (PHC). It sets out the universally accepted approach to health care that promotes community centred health care that is holistic, equitable, assessable and integrated. The book discusses the development and implementation of the approach as it has progressed over the last 40 years since it was introduced by the WHO at Alma Ata in 1978. The South African Health System, which is based on comprehensive PHC, is examined, and a short comparative review of some country's health systems in the southern African region is provided. This book offers valuable guidance to health policy developers and health care managers tasked with the development of an operational framework or plan to implement health policy at district level.

Primary Health Care in southern Africa: A Comprehensive Approach is an essential text for students of all health science disciplines. It is also a primary reference for health professionals engaged in post basic studies in public health, such as the Master in Public Health, and for professional nurses, doctors, health promoters, environmental health practitioners and allied health professionals.

New to this edition:

The fourth edition discusses the Astana Declaration, a product of the meeting of world leaders held at Astana in 2018, which aimed to refocus the world's health systems on PHC. The text examines the Astana Declaration and discusses its significance for the attainment of Universal Health Coverage and the Sustainable Development Goals. Implementation strategies, as they relate to the renewed emphasis on PHC, and the attainment of universal health care services at district level, are deliberated.

“Primary Health Care in southern Africa is an up-to-date, comprehensive and well written textbook. The book has a fresh and new approach about current issues in PHC in South Africa. The fact that the re-engineering of PHC in South Africa (2010) is well covered and discussed in context of the programme globally is a huge benefit to our students and lecturers. The topics covered are relevant to nursing curricula over a wide spectrum of programmes offered. The textbook can assist undergraduate and postgraduate students in applying theory into practice.”

Ms D Kitshoff, Head of Speciality: Health Assessment, Treatment and Core (Primary Health Care),
Stellenbosch University

Table of Contents

Chapter 1: The development of primary health care as a global approach to health • Chapter 2: Primary health care in southern Africa • Chapter 3: Resources needed to implement primary health care programmes • Chapter 4: Community participation in health • Chapter 5: Health promotion: scope and practice • Chapter 6: Communication in primary health care • Chapter 7: The transformation of the health system in South Africa



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Textbook of Psychiatry for southern Africa 2e

Content editors: J Burns and L Roos

The completely revised and updated *Textbook of Psychiatry for southern Africa 2e* is a comprehensive but accessible resource covering all aspects of psychiatry and mental health in southern Africa. The textbook represents the collaboration of sixty-three experts in their fields from ten academic institutions as well as the private sector in South Africa, from disciplines including psychiatry, psychology, radiology and pharmacology.

Substantially restructured and expanded (with the addition of ten new chapters) and updated to reflect the current Mental Health Care Act (2002) as well as DSM-5 psychiatric classification, the Textbook is a resource that will be indispensable for a wide range of students and professionals working within and outside of the mental health field in southern Africa.

New to this edition:

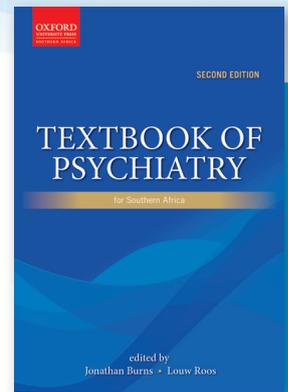
- Comprehensive information on the biological, psychosocial and cultural aspects of all psychiatric disorders
- Clear, detailed management for all psychiatric conditions and presentations, that is holistic, relevant to the southern African context, and is based on the best current evidence from both research and clinical practice
- Sections focused on psychiatric classification and clinical assessment, as well as issues of particular importance such as women's mental health, neuropsychiatry, HIV and mental health, addictions, culture and psychiatry, public mental health, and stigma
- Inclusion of non-core additional information in 'advanced reading blocks' for the specialist-level reader; as well as numerous case studies to illustrate common real-life patient presentations of various disorders
- An exhaustive Glossary of over 400 terms used in psychiatry and mental health, including local terms common to the southern African context
- Updated with the latest DSM-V, frequent case studies, that illustrate the complexity of disorders as well as practical understanding of mental health care.

The textbook is designed for a range of students and health professionals in the fields of psychiatry and mental health studying and working within southern Africa, including:

- Medical students
- Registrars in psychiatry
- Undergraduate and postgraduate students in other mental health disciplines including Nursing, Psychology, Occupational Therapy, Social Work, Pharmacy, Family Medicine and Public Health
- Clinicians from all these disciplines working in both public and private settings including: psychiatrists, psychologists, OTs, social workers, nurses, medical officers, community service doctors, interns, GPs, specialists in related fields (such as neurology, medicine, maternal and child health, etc) and health systems managers/administrators.

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Part 1 Conceptualising psychiatric disorders • Chapter 1: History of Psychiatry • Chapter 2: Classification in Psychiatry • **Part 2 Causes of psychiatric disorders** • Chapter 3: Psychiatric Epidemiology and Genetics • Chapter 4: The Neurobiology of Psychiatric Disorders • Chapter 5: Psychosocial Determinants of Mental Disorders • Chapter 6: Culture and Psychiatry • **Part 3 Assessment of psychiatric disorders** • Chapter 7: Clinical Assessment in Psychiatry • Chapter 8: Person-Centred Psychiatry • Chapter 9: Investigating Psychiatric Disorders • **Part 4 Psychiatric disorders** • Chapter 10: Cognitive Disorders • Chapter 11: Schizophrenia spectrum & Other Psychotic Disorders • Chapter 12: Depressive Disorders • Chapter 13: Bipolar Disorders • Chapter 14: Anxiety, Fear and Panic • Chapter 15: Acute Reactions to Adverse Life Events • Chapter 16: Trauma • Chapter 17: Obsessive-Compulsive and related Disorders • Chapter 18: Somatic symptom and Related Disorders • Chapter 19: Dissociative Disorders • Chapter 20: Addictions 1: Alcohol-Related Disorders • Chapter 21: Addictions 2: Other Substance-Related and Addiction Disorders • Chapter 22: Eating and Sleep Disorders • Chapter 23: Disorders of Sexual Function, Preference and Identity • Chapter 24: Personality Disorders • Chapter 25: Impulse Control Disorders • **Part 5 Special topics in psychiatry** • Chapter 26: Women's Mental Health • Chapter 27: Child & Adolescent Psychiatry 1: Assessment and the young child • Chapter 28: Child & Adolescent Psychiatry 2: The older child and adolescent • Chapter 29: Intellectual Disability • Chapter 30: Psychogeriatrics • Chapter 31: Psychiatry and Medicine • Chapter 32: Neuropsychiatry • Chapter 33: HIV and Mental Health • Chapter 34: Suicide and the aggressive patient • Chapter 35: Legal and Ethical Aspects of Psychiatry • **Part 6 Management of psychiatric disorders** • Chapter 36: Pharmacological and other Treatments in Psychiatry • Chapter 37: Psychological interventions • Chapter 38: Social interventions in psychiatry • Chapter 39: Public mental health • Chapter 40: Combating stigma in psychiatry • Glossary



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NOTES

A large area for taking notes, consisting of two columns of horizontal dashed lines. A vertical dashed line separates the two columns. The top of the page features a blue geometric pattern.

MEDICAL HANDBOOKS

SOUTHERN AFRICAN TITLES

- 30** AFEM Handbook of Acute and Emergency Care 2e
- 31** Handbook of Dermatology for Primary Care: A Practical Guide to Diagnosis 2e
- 31** Handbook of Family Medicine 4e
- 32** Handbook of HIV Medicine 3e
- 32** Handbook of Obstetrics and Gynaecology
- 33** Handbook of Paediatrics 7e
- 34** Handbook of Trauma for southern Africa 3e

INTERNATIONAL TITLES

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- 36** Surgery
- 36** Tropical Medicine

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- 37** Oxford Anaesthesia Library
- 37** Oxford Care Manuals
- 37** Oxford Pain Management Library

Prices available on our website: please visit www.oxford.co.za/page/price-lists/index or call our Customer Services department on tel +27 (0)21 596 2300 All information is correct at the time of going to print, but is subject to change without notice.

SOUTHERN AFRICAN TITLES

AFEM Handbook of Acute and Emergency Care 2e

Content editors: K Checkett, L Wallis and T Reynolds

AFEM Handbook of Acute Emergency Care 2e provides a field reference for emergency care providers in Africa, which addresses the African regional disease burden and recommends diagnostic and management pathways. The text is designed to be used by all levels of providers for the care of acutely ill or injured patients, and covers the full scope of emergency and acute care. It addresses both out-of-hospital and in-hospital interventions, and provides diagnostic and management strategies for the most common emergency care problems faced by providers in Africa. Uniquely, the text offers care providers management strategies based on available resources: it guides care providers through a rapid systematic and integrated approach to patient stabilisation and resuscitation, stratified to three resource levels: minimal, moderate and full resources.

The primary target market includes emergency medicine practitioners (medical doctors and emergency care technicians). In addition, it is aimed at MBChB students and national diploma students taking modules in emergency medicine or emergency care, and students enrolled in certificate courses in emergency care at provincial colleges.

New to this edition:

- The text is revised to align more closely with the AFEM training curriculum
- The revised text includes new material which addresses additional conditions
- Material relating to the identification of potential interventions in low resource settings, for each condition, is expanded
- Investigation and treatment recommendations are updated in accordance with current guidelines
- The text now includes AFEM's consensus document on out of hospital care-related issues
- Sections relating to rapid assessment protocols (RAPs) reflect a more intuitive approach for bedside use.

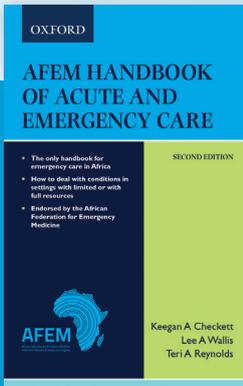
Table of contents:

Part 1 Introduction • **Part 2 Approach to the unstable patient** • **Part 3 Approach to key syndromes** • **Part 4 Disorders by system** • A: Cardiovascular system • B: Dental and oral surgery • C: Dermatology • D: Ear, nose and throat • E: Environmental emergencies • F: Gastrointestinal • G: Haematology and oncology • H: Infectious diseases • I: Metabolic and nutritional • J: Neurology • K: Obstetrics and gynaecology • L: Ophthalmology • M: Orthopaedics • N: Psychiatry • O: Renal and urology • P: Respiratory system • Q: Rheumatology • R: Toxicology • S: Trauma • **Part 5 Emergency ultrasound** • **Part 6 Procedures** • **Part 7 Special considerations** • A: Out-of hospital emergency care • B: Disaster medicine • C: Process • D: Palliative and holistic care • **Part 8 Emergency medications** • **Part 9 Appendix**

Lecturer resources

- Should you wish to use this book as part of a broader emergency care educational programme, it is coordinated with the open-access AFEM emergency care curriculum and associated presentation bank

learningzone.oxford.co.za



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Handbook of Dermatology for Primary Care: A Practical Guide to Diagnosis 2e

Authors: N Saxe, S Jessop and G Todd

The second edition of *Handbook of Dermatology for Primary Care: A Practical Guide to Diagnosis* offers an effective approach to diagnosing and treating skin conditions.

It includes:

- More than 270 colour photographs reflecting the diversity of southern Africa's population and health conditions
- An extensively revised section on morphological patterns and a section on the regional distribution of the conditions, so that a diagnosis can be made from either starting point
- An alphabetical section describing the aetiology and clinical features of more than 100 common skin disorders
- A formulary giving more detailed information about a range of treatments
- An expanded section on HIV/Aids-related skin disorders
- Expanded and revised diagnostic tables.

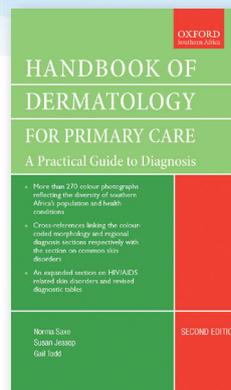
In addition, the new edition is more user-friendly:

- Cross-references link the colour-coded morphology and regional diagnosis sections respectively with the section on common skin disorders
- The 'how to use this book' section has been revised
- Full-colour, labelled photographs are used to demonstrate how lesion morphology and/or body site can be used to reach a diagnosis, which is cross-referenced to the section of common skin disorders for further information.

The book is useful for dermatology components of the MBChB, the BCur and National Diploma in Nursing and is of value to primary care doctors and family practitioners in primary care and outlying clinics.

Table of Contents

Introduction • Section 1 Morphological patterns • Section 2 Regional diagnosis • Section 3 Common skin disorders • Formulary • Index



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Handbook of Family Medicine 4e

Content editor: B Mash

The book addresses seven important roles in the district health system in SA, namely care-provider, consultant, mentor and clinical teacher, supervisor, manager and community-oriented practitioner.

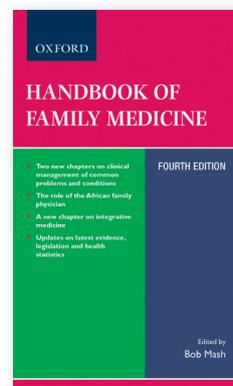
Handbook of Family Medicine 4e is aimed at undergraduate medical students and registrars doing postgraduate training in family medicine. It will also be useful to community service doctors, medical officers, nurses and allied health care workers.

New to this edition:

- Approaches to a wider range of symptoms and conditions seen
- New ways of understanding the consultation and patient-centred communication
- Core dimensions of effective primary care systems
- The role of the family physician in leadership and clinical governance activities
- New models and ideas for community orientated primary care
- How to develop the primary care team through education and learning together.

Table of Contents

Chapter 1: A different context of care • Chapter 2: The consultation • Chapter 3: Family-orientated primary care • Chapter 4: Core dimensions of primary care • Chapter 5: An approach to common symptoms • Chapter 6: Managing common conditions • Chapter 7: Community orientated primary care • Chapter 8: Leadership and clinical governance • Chapter 9: Developing the primary care team • Chapter 10: Family medicine ethics • Chapter 11: Evidence based family medicine



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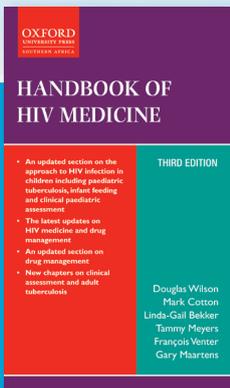
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Handbook of HIV Medicine 3e

Editors: D Wilson, LG Bekker, M Cotton, T Meyers, F Venter and G Maartens

Handbook of HIV Medicine 3e provides a concise guide to all aspects of HIV management in the context of sub-Saharan Africa. It covers a broad spectrum of topics from diagnostic and management approaches to the common manifestations of HIV in both adults and children. The handbook has been written in particular for reference in the hospital ward or clinic. It provides key information on HIV and on antiretroviral therapy.

As the only handbook of HIV for southern Africa, the *Handbook of HIV Medicine* is an excellent resource for medical students, community service doctors, medical officers, nurses and allied health care workers.

Written by HIV experts from across the country, the new edition includes:

- The latest updates on HIV medicine and drug management
- Updated content on the approach to HIV infection in children
- A discussion of the ethical issues around HIV.

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Part 1 General introduction to HIV medicine • Chapter 1: Epidemiology • Chapter 2: Virology • Chapter 3: The immune system and HIV infection • Chapter 4: Interactions between HIV and tuberculosis • Chapter 5: Laboratory investigations • Chapter 6: HIV transmission and natural history • Chapter 7: Counselling • Chapter 8: Sex and sexuality • Chapter 9: Preventing HIV infection: individuals and populations • **Part 2 Approach to HIV infection in children** • Chapter 10: Clinical assessment (paediatric) • Chapter 11: Childhood vaccination • Chapter 12: Infant feeding • Chapter 13: Breastfeeding in hospital • Chapter 14: Nutrition • Chapter 15: Diarrhoea • Chapter 16: Paediatric tuberculosis • Chapter 17: Sexual assault • Chapter 18: Setting up an HIV/AIDS clinic for children • **Part 3 Approach to HIV infection in adults** • Chapter 19: Clinical assessment (adult) • Chapter 20: Common emergencies • Chapter 21: Evaluation of fever • Chapter 22: Primary prophylaxis and immunisation • Chapter 23: Diet and nutrition • Chapter 24: Adult tuberculosis • Chapter 25: Sexually transmitted infections • Chapter 26: Gynaecology • Chapter 27: Contraception • Chapter 28: Sexual assault • **Part 4 Systemic approach to HIV infection** • Chapter 29: Cardiology • Chapter 30: Haematology • Chapter 31: Nephrology • Chapter 32: Pulmonology • Chapter 33: Intensive care management • Chapter 34: Endocrinology and metabolic abnormalities • Chapter 35: Neurology • Chapter 36: Psychiatry • Chapter 37: Ophthalmology • Chapter 38: Gastroenterology and hepatology • Chapter 39: Oral medicine • Chapter 40: Dermatology • Chapter 41: Oncology • Chapter 42: Rheumatology • **Part 5 Antiretroviral drug management** • Chapter 43: Antiretroviral drug classes • Chapter 44: Adult antiretroviral therapy • Chapter 45: Paediatric antiretroviral therapy • Chapter 46: Prevention of mother-to-child-transmission of HIV • Chapter 47: Antiretroviral drug resistance • Chapter 48: Adherence • Chapter 49: Drug-drug interactions • Chapter 50: Immune reconstitution inflammatory syndrome • Chapter 51: Principles of managing adverse drug reactions • Chapter 52: Occupational post-exposure prophylaxis • **Part 6 Patient-centred care** • Chapter 53: Primary care approach • Chapter 54: Integrating HIV and TB services • Chapter 55: Palliative care • Chapter 56: Women's health • Chapter 57: Gay sex and sexuality • Chapter 58: Ethical issues • Chapter 59: Health care worker burnout • Chapter 60: Micronutrient and complementary therapies



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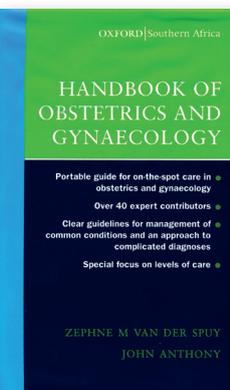
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Handbook of Obstetrics and Gynaecology

Authors: Z van der Spuy and J Anthony

The demands on doctors and nurses in South Africa and other developing countries are completely different to those in the first world, where most OBGYN books are produced. Complex issues around abortion and HIV/Aids contribute to the magnitude and complexity of the field.

This invaluable handbook is ideal for doctors and senior nurses and indispensable for students and interns working in the discipline of Obstetrics and Gynaecology.

“This handbook fulfils its main objective in providing a concise and comprehensive account of the body of knowledge comprising obstetrics and gynaecology. It is authoritative and remarkably well-balanced for a multi-author book. The text is well written and easy to read and its compilation a major achievement.”

DA Davey, Emeritus Professor of Obstetrics and Gynaecology, University of Cape Town

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Handbook of Paediatrics 7e

Content editor: C Motala

Authors: A Davidson, A Figaji and M Levin

The *Handbook of Paediatrics* represents the knowledge, skill and experience of more than forty experts in paediatrics and child health, making it the definitive reference book for southern Africa.

The book is suitable for final-year MBChB students taking courses in paediatrics and doctors in general and paediatric settings. It is a practical book aimed at diagnosis and treatment of problems and diseases.

The seventh edition has been streamlined and restructured. The approaches to problems are based on best practice and evidence based guidelines such as World Health Organisation (WHO) and Essential Drug List (EDL). Recommendations are graded according to the quality of the evidence and strength of the recommendation.

In addition, the seventh edition of the *Handbook of Paediatrics* features:

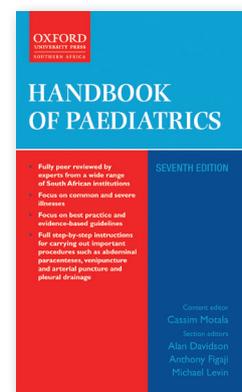
- Critical information on the management of HIV/TB co-infection, palliative care and pain management
- Expanded and updated chapters on neurological and neuromuscular problems, renal problems and electrolytes, fluids and acid-base disturbances
- A revised chapter on emergencies that includes medical management, trauma and poisoning.

“The book . . . would be most useful to doctors of almost any experience working in primary and secondary care settings as well as emergency care.”

Assoc Prof T Westwood, Red Cross War Memorial Children's Hospital

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Chapter 1: Emergencies and trauma • Chapter 2: Neonatal problems • Chapter 3: Respiratory problems • Chapter 4: Gastrointestinal problems • Chapter 5: Growth and nutrition • Chapter 6: Cardiovascular problems • Chapter 7: Nervous system and neuromuscular problems • Chapter 8: Renal system problems • Chapter 9: Infections and immunisations • Chapter 10: HIV infection • Chapter 11: Allergy, allergic problems and immunodeficiency • Chapter 12: Development • Chapter 13: Child psychiatry • Chapter 14: Endocrinology • Chapter 15: Haematology and oncology • Chapter 16: Dermatology • Chapter 17: Bone and joint problems • Chapter 18: Eyes and vision • Chapter 19: Ear, nose and throat problems • Chapter 20: Fluids, electrolytes, and acid-base • Chapter 21: Surgical problems • Chapter 22: Palliative care and pain management • Chapter 23: Procedures



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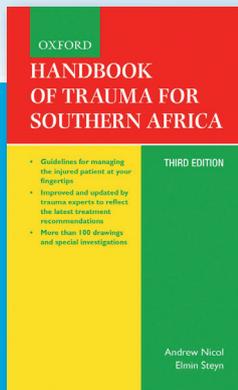
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Handbook of Trauma for southern Africa 3e

Content editors: A Nicol and E Steyn

The *Handbook of Trauma for southern Africa* is an invaluable resource for medical staff and students working in trauma centres or emergency rooms. Clearly presented for quick reference, the text offers practical guidelines, supported by drawings and other figures to explain the subject matter.

- Written by trauma experts for all medical professionals involved in treating injured patients
- Quick access with practical guidelines for managing any emergency
- Improved and updated to reflect the latest treatment recommendations
- Covers a broad spectrum of clinical situations, from pre-hospital to the resuscitation room, the operating room and beyond.

The book is suitable for MBChB students taking courses in trauma and emergency medicine, as well as for students of programmes such as BTech in pre-hospital emergency care, MMed, FCS or MPhil. In addition, doctors, primary health care workers, nurses and emergency medical services personnel will find value in this clear and practical approach to trauma.

New to this edition:

- Updated information reflecting advances in the trauma emergency field, such as the latest guidelines for the management of problematic blunt and penetrating injuries as well as the critical care treatment principles of severely injured patients
- New chapters on HIV in the emergency setting, as well as the latest post-exposure prophylaxis recommendations after sexual assault
- Guidelines for a broad spectrum of clinical situations, ranging from pre-hospital care to the resuscitation room, the operating room and beyond.

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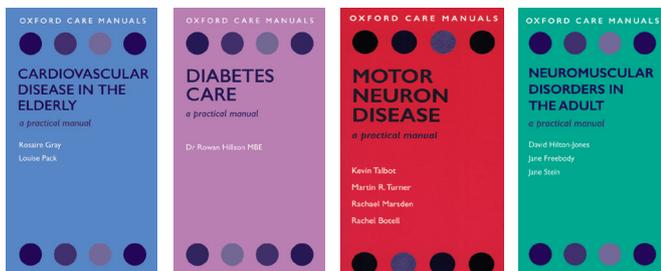
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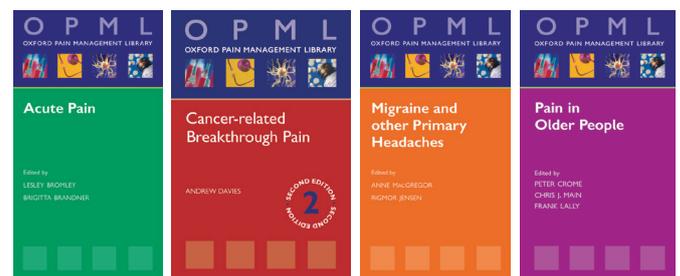
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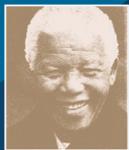


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